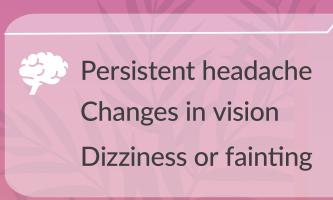
RECOGNIZE POSTPARTUM WARNING SIGNS

Ask:

"Are you pregnant, or have you been pregnant in the past 12 months?"

Watch for these warning signs:





Fever

Thoughts about hurting self or baby

Overwhelming fatigue



Significant swelling of hands or face



High blood pressure

Chest pain or rapid heart rate

Difficulty breathing



Swelling, redness, or pain in legs



Persistent, severe abdominal pain

Severe nausea and vomiting



These warning signs may indicate serious complications, which can occur up to 12 months after pregnancy. If a client experiences any of these warning signs, connect them with emergency care right away.

For more information, go to: <u>Urgent Maternal Warning Signs</u>. Source: Alliance for Innovation on Maternal Health, ACOG.

